

Four-day conference for women on Isla Mujeres set

We Move Forward to celebrate International Women's Day 2013
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For the second year, the We Move Forward conference will be held on Isla Mujeres as a way of helping to celebrate International Women's Day. Last year 90 women gathered on Isla to take part in the conference designed to "empower" women to take the steps that will move them forward, that is to say, that will improve their condition in life.

All manner of early achievements were reported, women who gave up smoking, women who began on the road to recovery from post-traumatic stress, resignations from dead-end jobs, even dissolution of dissatisfying relationships. The idea is that the women take strength from each other, receive support from other women in order to help them take that first step, often the hardest, towards improving their lot in life.

"We Move Forward is the perfect blend of place, people and program. It truly is a



body, mind and soulful experience," says, Founder and Director, Janeen Halliwell.

Isla Mujeres, the Isle of Women, would seem to be an ideal place for such a conference to take place. At least the name would help them believe they are where they should be in order to get support for the actions they are about to take.

The conference includes daily motivational speakers, group workshops, movement sessions and more, especially

specific information concerning how to take that first step. We Move Forward provides the tools to set goals, feel empowered and, hopefully, see their dreams come true, for the women who attend.

There is a cost, of course, and you can find out more about it at the organization's website: www.wemoveforward.com. From what we understand there still is time to register to attend and the organizers will help you in terms of finding accommoda-

tions on Isla. One interesting thing about the program this year is that for every ten women who register to attend, We Move Forward will sponsor the attendance of a local woman. Also, a portion of each registration goes towards a \$10,000 Mexican peso donation to a local women's shelter.

All in all, it would appear to be an interesting, and perhaps, productive way to celebrate International Women's day.